

**Curriculum Vitae
Rebecca Salvato Ruberg, Ph.D.**

EDUCATION

Tulane University

New Orleans, LA

APA-Accredited Doctoral Program in School Psychology

Doctor of Philosophy, August 2008

Dissertation: In or Out? Predictors of educational attainment in American Indian youth

Dissertation Committee Chair: Denise L. Newman, Ph.D.

Date of Defense: August 6, 2007

Master of Science, 2005

Major: School Psychology

Thesis: Anxious expectations, identity formation and rejection sensitivity in American Indian youth

Thesis Committee Chair: Denise L. Newman, Ph.D.

Hunter College of the City University of New York

New York, NY

Bachelor of Arts with Departmental Honors in Psychology, 2002

Major: Psychology

CREDENTIALS

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| 2016 | Certificate in School Leadership for Social Emotional Learning and Character Development, <i>Academy for Social-Emotional Learning in Schools</i> |
| 2010 | Licensed Psychologist PSY 23853 with the <i>California Board of Psychology</i> |
| 2008 | <i>Registered Psychologist RPS 2008124 with the California Board of Psychology</i> |
| 2006 | State of California Commission on Teacher Credentialing, <i>Professional Clear Pupil Personnel Services Credential, School Psychology Authorization, # 060282014</i> |
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LANGUAGES

English
American Sign Language

PRACTICAL EXPERIENCE

2010 - present

Rebecca S. Ruberg, Ph.D., Private Practice

Sole Proprietor, Licensed Psychologist

- Provide mental health services to children, adolescents and adults
- Specialize in psychoeducational assessment and individual therapy

August-December 2021

Echo Horizon School

School Counselor Mentor

- Mentor new school counselor to facilitate a smooth transition
- Provide individual supervision on a weekly basis
- Collaborate with the Head of School and Division Directors as needed

2020-2021

Echo Horizon School

School Counselor

- Collaborate with the Director of Counseling to provide individual and group counseling to EHS and Echo Center (DHH) students as needed.
- Provide support and counsel to EHS and Echo Center parents on as-needed basis.
- Meet with faculty and staff about grade level issues and students of concern, strategizing with teachers and advisors on students who need extra support.
- Lead professional development workshops for faculty on student mental and physical health issues.
- Support the transition of new students to school, with emphasis on equity, inclusion, and wellness.
- Participate in case management with the Director of Counseling and Upper/Lower School division directors.

2014 - 2015

National Association of Independent Schools

NAIS People of Color Conference, Latinx Affinity Group Leader

- Cultivate meaningful conversations with the Latinx population participating in the PoCC, with discussion centered around honest reflection and collaborative support. Facilitate small group discussions of experiences as Latinx working in independent school settings. Inspire hope for the future.

2013 – 2014

National Association of Independent Schools

NAIS Connect Ambassador for the NAIS Learning Differences Group

- Seed discussion, respond to ongoing discussions, reach out to peers to encourage their involvement in discussions, and participate in the NAIS Connect Ambassador community.

2013 – 2014

California Association of Independent Schools

Counseling Representative for the Professional Services Committee

- Review and select workshop proposals for the annual regional meeting and coordinate the schedule of workshops

2012-2019

Chadwick School

Director of Student Support Services & School Psychologist

- Lead the School's Social Emotional Learning and Mindfulness Professional Learning Communities (PLCs)
- Oversee and coordinate policies for student support services, K-12
- Oversee and coordinate psychological services for students in

grades 7-12

- Read and Interpret neuropsychological testing reports and create Individualized Learning Plans to implement support for students with documented needs for accommodations
- Provide brief psychoeducational evaluations and referrals for outside assessment, therapy, or academic support services as needed
- Evaluate programs and provide recommendations to improve
- Educate faculty and staff on the importance of Social Emotional Learning
- Provide crisis management and short-term counseling as needed
- Consult with teachers, administrators, parents, students and outside professionals
- Teach 7th, 8th and 9th grade Wellness lessons
- Expand the school's Wellness program
- Co-direct the school's peer tutoring program
- 11th grade advisor, Hispanic Culture Club advisor
- Train Chadwick faculty on student support issues including best practices for suicide prevention, mandated reporting, and support for students with learning disabilities

2010 - 2012

The Buckley School

Educational Support Specialist, Middle and Upper School

- Interpret psychoeducational assessments and create Individualized Education Plans when appropriate for students in grades 6-12
- Collaborate with students, administrators, teachers, counselor, parents and outside professionals to deliver effective accommodations
- Work with teachers to ensure proper implementation of accommodations
- Monitor student's progress as needed and the implementation of accommodations
- Function as a liaison among teachers, parents and those providing outside support to student
- Coordinate annual transition meetings for students moving on the next grade level

2010

Lincoln Middle School, Santa Monica Malibu Unified School District

School Psychologist

- Conduct psychoeducational assessments to determine special education eligibility
- Collaborate with administrators, teachers, resource specialists, counselors, parents and students to identify eligibility for special education
- Disseminate assessment feedback both verbally and in report format, provide parent education
- Provide individual and group counseling to middle school students
- Supervise school psychology intern
- Participate in district-wide meetings and trainings

2008 – 2010

Saint John's Child and Family Development Center, Santa Monica, CA, Mental Health Services for Deaf and Hard-of-Hearing People

Registered Psychologist

- Conduct comprehensive intakes and psychological assessments
- Collaborate with schools, participate in IEP meetings, advocate for client's needs, participate in community outreach

- Provide individual, group, and family therapy with children, adolescents, and adults in the Deaf and Hard-of-Hearing population
- Provide parent education; Participate in meetings and trainings

2007 – 2008

**Saint John's Child and Family Development Center, Santa Monica, CA
APA-Accredited Internship in Psychology**

Psychology Intern

Training Director: Olga Tuller, Ph.D.

Primary Supervisor: Michelle Harriman, Psy.D.

Secondary Supervisors: Amanda Somdal, LCSW, Sue Hajiani, LCSW and Sally Yeatman, LCSW

Assessment Supervisor: Jerine Griffith, Ph.D.

- Conduct comprehensive intakes and psychodiagnostic assessments
- Provide individual, group, and family therapy with children, adolescents, and adults
- Provide crisis intervention and mental health consultation services
- Participate in weekly assessment and therapy seminars and staff-wide trainings
- Participate in weekly supervision

2005 – 2006

Department of Psychiatry, Kaiser Permanente, Los Angeles, CA

Practicum Extern

On-site Supervisors: Larry Levy, Ph.D. and Sara Fraser, Ph.D.

- Conduct psychodiagnostic patient intakes and provide outpatient therapy to adults, children and families
- Conduct psychological assessments to rule out differential diagnoses
- Participate weekly as co-therapist for junior-high groups
- Participate in weekly assessment and therapy didactics
- Participate in weekly individual and group supervision
- Collaborate weekly with a team of psychiatrists, psychologists, psychology interns, LCSWs, MFTs and other members of the psychiatry department to develop treatment plans for outpatients.
- Provide clients with feedback both orally and through written reports

2004 – 2005

DePaul/Tulane Behavioral Health Center, New Orleans, LA

Practicum Extern

Faculty Supervisors: Enrique Varela, Ph.D. (Fall)

Denise L. Newman, Ph.D. (Spring)

On-site Supervisor: Phillip Griffin, Ph.D.

- Hold client interviews, conduct psychological assessments, and provide outpatient therapy to adults, adolescents, children and families
- Participate in inpatient group therapy sessions with adults
- Participate in treatment team meetings and child assessment clinics in collaboration with a team of psychiatry residents, post-graduate psychology interns, licensed psychologists, and licensed psychiatrists
- Work closely with clients and supervisors to design, implement and evaluate intervention plans that are tailored to the clients' particular needs
- Provide diagnostic psychological assessments for *Louisiana Youth Enhanced Services (LA-YES)* referrals
- Provide clients with feedback both orally and through written reports

2004

**Tulane University, Educational Resources and Counseling Center
New Orleans, LA**

Practicum Extern

Faculty Supervisor: Chrisman Wilson, Ph.D.

On-site Supervisor: Jillandra, Rovaris, Ph.D.

- Hold client interviews and conduct behavioral assessments
- Work closely with client and supervisors to design, implement, and evaluate intervention plans
- Provide Cognitive Behavior Therapy to young adults
- Provide clients with feedback both orally and in the form of written reports

2003 – 2004

Chartwell Center, New Orleans, LA

Practicum Extern

Faculty Supervisor: Chrisman Wilson, Ph.D.

On-site Supervisor: Terry Johnson, Ph.D.

- Behavioral observation, collaboration with teachers, and parent interviews
- Develop Functional Behavior Analysis in a school for elementary-age children with autism and other pervasive developmental disorders
- Consult with parents, teacher, teaching assistants, and supervisors to design, implement, evaluate and modify intervention plans
- Provide feedback to parents and teacher both orally and in the form of a written report

2003

**Tulane University, Educational Resources and Counseling Center,
New Orleans, LA**

Practicum Extern

Faculty Supervisor: Stacy Overstreet, Ph.D.

On-site Supervisor: Jillandra Rovaris, Ph.D.

- Hold client interviews
- Administer psychoeducational and personality assessments with college-level students
- Work closely with clients and supervisors to develop case conceptualizations and to provide recommendations to clients
- Provide feedback both orally and through a written report

2003

St. Peter Claver, New Orleans, LA

Practicum Extern

Faculty Supervisor: Stacy Overstreet, Ph.D.

On-site Supervisor: Jillandra Rovaris, Ph.D.

- Conduct psychoeducational and personality assessments of children, adolescents, and young adults
 - Hold child, teacher and parent interviews
 - Work closely with supervisors, parents and teachers to develop case conceptualizations and to provide recommendations
 - Provide feedback both orally and in the form of a written report
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TEACHING EXPERIENCE

2012-2019

Chadwick School

7th, 8th and 9th grade Life Skills Teacher, Human Development Department Coordinator, Peer Mentors Advisor, Hispanic Culture Club Advisor, Guided Study and AMP Instructor

- Teach 7th, 8th and 9th grade Wellness lessons with a focus on mindfulness.
- Lead the Social Emotional Learning Professional Learning Community
- Teach Peer Mentors appropriate skills on how to help their peers and
- Advise Hispanic Culture Club to help them execute goals such as planning a field trip or outreaching to the larger community
- Guide students on how to be more aware of their strengths and challenges, adopt a growth mindset, and set plans into action

2011

California State University, Northridge

Adjunct Professor, Dept of Educational Psychology and Counseling

- Teach college level courses in Educational Psychology and Counseling, including a course entitled "Psychological Foundations of Learning and Teaching," which is designed to prepare students who plan to become future teachers
- Supervise students in their fieldwork experience

2005

Psychology Department, Tulane University

Teaching Assistant

- Summer assistant to Terry Christensen, Ph.D. in an undergraduate introductory psychology course
- Give lecture and create test questions based on class material

2005

Psychology Department, Tulane University

Lab Instructor

- Lab instructor for Dave Corey, Ph.D. in an upper-level undergraduate statistics course in experimental design and analysis
- Hold two lab sections weekly to teach undergraduates how to apply concepts learned in statistics lecture using SPSS and Excel
- Grade lab assignments, proctor and grade exams
- Review class material and hold a review session for the final exam

2004

Psychology Department, Tulane University

Lab Instructor

- Lab instructor to Christy McLendon, Ph.D. for an upper-level undergraduate statistics course in research methods in personality
- Hold two lab sections weekly to teach undergraduates how to run and interpret statistical analyses within the context of personality research using the program SPSS
- Grade lab reports, record attendance, schedule and hold make-up sessions for students who miss lab
- Hold regular office hours to review labs with students and answer various questions pertaining to the course material

2004

Psychology Department, Tulane University

Teaching Assistant

- Assistant to Ann deBessonnet, Ph.D. for an undergraduate course in introduction to psychology
- Hold review sessions for exams
- Organize and lead discussion groups

- Proctor, grade and post exams
- Hold regular office hours to review exams with students and answer various questions pertaining to the course material

2003

Psychology Department, Tulane University

Lab Instructor

- Lab instructor for Janet Ruscher, Ph.D. in an upper-level undergraduate statistics course in experimental design and analysis
- Hold a lab section weekly to teach undergraduates how to apply concepts learned in statistics class.
- Grade lab assignments, proctor and grade exams
- Review class material with students and hold a review session for the final exam

2003

Psychology Department, Tulane University

Teaching Assistant

- Assistant to Amy Jensen, M.S. for an undergraduate course in introduction to psychology
- Proctor and grade exams
- Hold regular office hours to review exams with students and answer various questions pertaining to the course material

2002

Psychology Department, Tulane University

Teaching Assistant

- Assistant to Margaret Dempsey, Ph.D. for an upper-level undergraduate psychology class in child and adolescent social development
- Print and make copies of outlines and exams
- Proctor, grade, and post exams
- Hold regular office hours to review class material with students

RESEARCH EXPERIENCE

2007

Department of Child Development, Tufts University

Ego Development Coder

- Code ego development protocols using Loevinger's sentence completion test (SCT) manual
- Calculate Total Protocol Ratings (TPR) and Frequency of E-levels

2007

7th Generation Child Study Center at Tulane University

Teen Pathways Study Research Consultant

- Facilitate participant retention, recruitment and data collection for Teen Pathways Study Wave 3
- Establish protocol for efficient data entry, data coding, and storage

2003 - 2005

7th Generation Child Study Center at Tulane University

Lab Coordinator

- Set up and organize lab
- Interview and orient new undergraduate RAs and entering graduate students to the lab
- Maintain lab supplies and facilitate weekly lab meetings

2002 – 2005

Psychology Department, Tulane University

Research Assistant

- Part-time assistant during the academic year and full-time assistant during the summer months to Denise L. Newman, Ph.D.
- Design surveys for a longitudinal research study that examines Native American adolescents' transition from middle school to high school
- Design an auditory attention task to examine the long-term effects of temporary, persistent hearing loss in early life
- Recruit samples for a large longitudinal study on emotion regulation and attention processes in preschool-age children
- Gather research articles, collect data, and participate in weekly lab and research meetings

2001 – 2002

Psychology Department, Hunter College of the City University of New York

Undergraduate Research Assistant

- Part-time assistant to Kenneth Levy, Ph.D., as well as to his graduate students
- Gather, organize, and code data and participate in weekly lab meetings

2001

Institute of Child Development, University of Minnesota

Summer Undergraduate Research Assistant

- Full-time assistant to Patricia Bauer, Ph.D., as well as to her graduate and post-doctoral students
- Oversee several experiments that involve cognitive development in infants and young children

PAPERS

Newman, D.L., Weiss, A., & Ruberg, R.S. (2008, March). *Personality profiles and educational attainment among Lumbee Indian adolescents*. Paper symposium presented at the Biennial meeting of the *Society for Research on Adolescence*, Chicago, IL.

Newman, D.L., Sontag, L.M., & Salvato, R. (2006). Psychosocial aspects of body mass and body image among rural American Indian adolescents. *Journal of Youth and Adolescence*. DOI: 10.1007.

Newman, D.L., Sontag, L., & Salvato, R. (2005, April). *Psychosocial influences on the development of body image in American Indian adolescents*. Paper symposium presented at the Biennial meeting of the *Society for Research in Child Development*, Atlanta GA.

PRESENTATIONS

Ruberg, R.S. (2015, October). *Mindfulness: Teaching the Whole Student*. Workshop presented at the Annual meeting of the *Across Colors Diversity Conference*, Los Angeles, CA.

Ruberg, R.S. (2014, January). *Mindfulness*. Workshop presented to Peer Mentors at *Chadwick School*, Palos Verdes, CA.

Ruberg, R.S. (2012, October). *Learning Differences and Accommodations*. Workshop presented to faculty and staff at *Chadwick School*, Palos Verdes, CA.

- Fields, S., Donde, S., Lee, L., Lloyd, J.R., & Ruberg, R.S. (2008, April). *An examination of factors associated with intern satisfaction with supervision*. Poster session presented at the Annual meeting of the *California Psychological Association*, Anaheim, CA.
- Salvato, R., Weiss, A., Constance, J., & Newman, D.L. (2006, March). *Personality contributions to the development of rejection sensitivity in American Indian adolescents*. Poster session presented at the Biennial meeting of the *Society for Research on Adolescence*, San Francisco, CA.
- Lang, L. Simoes, N., Salvato, R., & Newman, D.L. (2006, March). *Ego development, rate, and timing effects for American Indian adolescents*. Poster session presented at the Biennial meeting of the *Society for Research on Adolescence*, San Francisco, CA.
- Salvato, R., Sontag, L., & Newman, D.L. (2004, March). *Ethnic identity and positive body image in rural American Indian youth*. Poster session presented at the Biennial meeting of the *Society for Research on Adolescence*, Baltimore, MD.
- Salvato, R. (2002, April). *Momentary behaviors as predictors of early cognitive development*. Oral presentation given during Honors Week, CUNY Hunter College, New York, NY.
- Salvato, R. (2002, April). *Momentary behaviors as predictors of early cognitive development*. Poster session presented at the 30th Annual Psychology Convention, CUNY Hunter College, New York, NY.
- Salvato, R. (2002, April). *Remember this: Memory and affect interactions in early cognitive development*. Oral presentation given at the Annual meeting of the *National Institute of Mental Health – Career Opportunities in Research*, Minneapolis, MN.
- Salvato, R. (2001, August). *Remember this: Memory and affect interactions in early cognitive development*. Poster session presented at the Summer Undergraduate Research Symposium, University of Minnesota, Minneapolis, MN.

SELECTED WORKSHOPS, SEMINARS AND COURSEWORK

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| 2002 | “Undoing Racism” Workshop, sponsored by the People’s Institute and Tulane University’s Students Organized Against Racism (SOAR) |
| 2004 | Rorschach Administration Seminar, sponsored by Tulane University, Department of Psychology |
| 2007 | Mission Possible IV: Legal and Ethical Challenges using the DSM-IV-TR, sponsored by UCLA Student Psychological Services |
| 2007 | Rorschach Refresher Course, sponsored by SCAPTP |
| 2007 | Assessment of Typical Development, Birth to Five Years Old, sponsored by Vista del Mar |
| 2007 | Making Sense of Family Chaos: Case Conceptualization – Structural Family Perspective, sponsored by Saint John’s CFDC |
| 2007 | Helping Families Get Unstuck – Structural Family Therapy Techniques, sponsored by Saint John’s CFDC |
| 2007 | Understanding Atypical Development in Birth to Five Year Old Populations, sponsored by Didi Hirsch |

2007	Medical-Legal Aspects and Assessment for Victims of Suspected Child Abuse, sponsored by Cal Endowment
2008	Trauma-Focused Treatment of Children with Developmental Disabilities, sponsored by Westside Child Trauma Council
2008	Conference on Critical Issues of Adolescence, sponsored by Aviva Family and Children's Services
2008	Entering the Now: Mindfulness and Meditation, sponsored by Spirit Rock
2008	WISC-IV Today, sponsored by County of Los Angeles-Department of Mental Health
2008	Parent Empowerment: Counseling Parents in Positive Child-Rearing Practices, sponsored by Cross Country Education
2009	The Psychology of Aging Well, Zur Institute
2009	Human Sexuality, Zur Institute
2009	Intimate Spousal and Partner Violence: Ethical and Legal Aspects, Zur Institute
2009	Child Abuse: Identification and Intervention, Zur Institute
2009	Chemical Dependency, John F. Kennedy University
2009	Seeking Safety, sponsored by Saint John's CFDC
2009	Interpersonal Therapy, sponsored by Saint John's CFDC
2009	CBITS-Part I, sponsored by Saint John's CFDC
2010	CBITS-Part II, sponsored by Saint John's CFDC
2010	Reflective Parenting, Center for Mindful Parenting
2012	Learning and the Brain Conference
2013	Ojai Foundation Council Training
2014	Learning and the Brain Conference: Teaching Self Aware Minds
2014	Affinity Group Facilitation Training, National Association of Independent Schools
2014	Law & Ethics for Supervisors
2014	Managing Difficult Situations: Law & Ethics, Center for Story and Symbol
2014	DSM-5 training: Cross Country Education
2015	Social Emotional Learning 101: Research and Innovations in SEL and Positive School Culture/Climate
2015	Social Emotional Learning 201: Leadership in School-Wide Social Emotional Learning and Character Development

2015	The Way of Mindful Education, Daniel Rechtshaffen
2015	Mindfulness Based Stress Reduction (8-wk course), InsightLA
2016	Social Emotional Learning 301: Implementing and Leading a Social Emotional Learning and School Culture/Climate Initiative
2016	Ethical Decision Making in Psychotherapy, Zur Institute
2016	The Cultural Lens in Psychotherapy: Identity, Empowerment, and Context, Annual Interpersonal Neurobiology Conference
2016	Emergency Mental Health: Assessment and Treatment, Cross Country Education
2016	Dyslexia, Dyscalculia, & Dysgraphia: An Integrated Approach, PESI
2016	The Science of Happiness, R. Cassidy Seminars
2017	Mission Skills Assessment Conference, Chicago, IL
2018	Compassion, Mindfulness and Wisdom Conference
2018	Changing the ADHD Brain: Moving Beyond Medication
2018	Dual Relationships: The Ethical Way, Zur Institute
2018	Children, Technology Addiction, Parenting and the Future
2019	Mandated Reporter Training, California Department of Social Services
2020	Mindfulness Based Stress Reduction (8-wk course), InsightLA
2020	Telehealth for Mental Health Professionals, PESI
2021	Reaching for Wellness: Loss and Joy in the New Year, CATDC
2022	SPACE (Supportive Parenting for Anxious Childhood Emotions) Training Workshop, Eli Lebowitz, Ph.D. & R. Cassidy Seminars

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

American Psychological Association
National Association of School Psychologists
California Association of School Psychologists
California Association of Independent Schools
National Association of Independent Schools

HONORS AND AWARDS

2010	Health Professions Education Foundation, Mental Health Loan Assumption Program, State of California
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2002 – 2005	Tulane University Graduate School Teaching Assistantship
2002 – 2008	Tulane University Graduate School Tuition Fellowship
2005	Tulane University Graduate School Summer Teaching Assistantship
2003	Flowerree Fellowship
2002	Karl Leubsdorf Memorial Scholarship, Scholarship and Welfare Fund, Hunter College of the City University of New York
2001 – 2002	National Institute of Mental Health – Career Opportunities in Research, Hunter College of the City University of New York <i>Scholar Fellow</i>
2001	Committee on Institutional Cooperation – Summer Research Opportunities Program, University of Minnesota <i>Summer Undergraduate Research Assistant</i>